BEAUDETTE-THOMPSON LECTURESHIP

HOW TO DIE YOUNG AT A VERY OLD AGE



NOV 20, 2026
10:15 AM, IFNH RM 101

FEATURING NIR BARZILAI, MD
PROFESSOR AND DIRECTOR INSTITUTE FOR GEROSCIENCE,
ALBERT EINSTEIN COLLEGE OF MEDICINE

THE GEROSCIENCE REVOLUTION REFRAMES MEDICINE'S CENTRAL GOAL:

Not merely treating chronic diseases one by one, but extending the number of years people live in good health. Drawing on research involving more than 800 centenarian families, this lecture will examine how exceptional longevity reveals genetic and biological pathways that slow aging—and how insights from have already helped lead to FDA-approved therapies. It will explore the remarkable compression of morbidity observed in many long-lived individuals, define gerotherapeutics, and highlight FDA-approved drugs that may be candidates for repurposing today. Finally, it will explain biological age, the emerging tools used to measure it, and the scientific, clinical, and regulatory advances needed to make biological-age assessment a practical part of medicine.

Zoom link: go.rutgers.edu/barzilai-lecture-bt

Please contact Christina Duffy at: cduffy@sebs.rutgers.edu for parking permits.

IN-PERSON REGISTRATION